



**University Sports Board  
Maharaja Ganga Singh University  
NH-15 Bikaner (Raj.)**

**Qualifying Standards**

For Inter University Weight/Power Lifting (M&W) & Best Physique (M) Tournament 2018-19

**Weight Lifting (M&W)**

S. N.	Qualifying Standard (Men)		Qualifying Standard (Women)	
	Weight Category	Score (Total in Kg.)	Weight Category	Score (Total in Kg.)
1	56 Kg	193	48 Kg	143
2	62 Kg	225	53 Kg	130
3	69 Kg	251	58 Kg	160
4	77 Kg	244	63 Kg	163
5	85 Kg	265	75 Kg	165
6	94 Kg	278	90 Kg	171
7	105 Kg	241	+90 Kg	171
8	+105 Kg	241	-	-

**Power Lifting (M&W)**

S. N.	Qualifying Standard (Men)		Qualifying Standard (Women)	
	Weight Category	Score (Total in Kg.)	Weight Category	Score (Total in Kg.)
1	59 Kg	502.5	47 Kg	295
2	66 Kg	600	52 Kg	357.5
3	74 Kg	632.5	57 Kg	345
4	83 Kg	730	63 Kg	367.5
5	93 Kg	742.5	72 Kg	350
6	105 Kg	715	84 Kg	420
7	120 Kg	737.5	+84 Kg	390
8	+120 Kg	720	-	-

**Best Physique (M)**

**Mr. University of Inter College Tournament**

  
Assistant Director Physical Education  
Maharaja Ganga Singh University  
BIKANER

Assistant Director (Phy. Edu.)